The purpose of this guide is to help you find information and support on advanced prostate cancer. This guide provides links and references to reliable and current information sources for patients, families, and caregivers.

Many of the materials in this guide can be found at the Patient Education Resource Center (PERC) in the University of Michigan Comprehensive Cancer Center, Level B2.

**Brochures**

- CancerCare
  - **Metastatic Prostate Cancer: Treatment Update**
    - Printable version available at: [https://media.cancercare.org/publications/original/180-ccc_met_prostate.pdf](https://media.cancercare.org/publications/original/180-ccc_met_prostate.pdf)

- Cancer.net from the American Society of Clinical Oncologists
  - **Hormone Therapy for Advanced Prostate Cancer**
    - Printable version available at: [http://cancer.net/print/29836](http://cancer.net/print/29836)

- UsToo
  - **Principles for Managing Advanced Prostate Cancer**
  - **What Now?: Hope and Options When Experiencing a Rising PSA**
  - **The Prostate Cancer Playbook**
  - **Prostate Cancer Patient’s Guide to Hormone Therapy**
  - **Signposts Along the Pathway of Prostate Cancer: Understanding Diagnostic Tests and Procedures to Monitor Prostate Cancer**
    - Printable versions available at: [http://ustoo.org/Advanced-Prostate-Cancer](http://ustoo.org/Advanced-Prostate-Cancer)

**Books**


- Chodak, Gerald W. *Winning the Battle Against Prostate Cancer: Get the Treatment that is Right for You*. New York, NY: Demos Health, 2011.


• Moyad, M. A. Promoting Wellness for Prostate Cancer Patients (2nd ed.). Ann Arbor, MI: Ann Arbor Media Group, 2013.


Web Resources

• American Cancer Society: Prostate Cancer
  http://cancer.org
  → Click on “Learn About Cancer”
  → Select "Prostate Cancer" from the “Select a Cancer Type” drop down menu
  → Click the “Go” button

• National Cancer Institute
  Information on prostate cancer at:
  http://cancer.gov/cancertopics/types/prostate

• Prostate Cancer Foundation
  http://prostatecancerfoundation.org
  The site includes a wealth of information about risk factors, screening, diagnosis and treatment of prostate cancer.

• UpToDate Patient information: Treatment for advanced prostate cancer (Beyond the Basics)
  http://uptodate.com/contents/treatment-for-advanced-prostate-cancer-beyond-the-basics
Michigan Medicine

- Us TOO International
  http://www.ustoo.org
  Detailed information about prostate cancer including: treatment options, post-treatment issues, clinical trials and support services for patients and families. Helpful features include an archive of audio and video files and downloadable files of publications.

University of Michigan Resources

- University of Michigan Comprehensive Cancer Center High Risk or Advanced Prostate Cancer Clinic
  http://www.mcancer.org/prostate-cancer/high-risk-or-advanced-prostate-cancer
  Description of the High Risk or Advanced Prostate Cancer Program at the UM Comprehensive Cancer Center.

Organizations

- US TOO International, Inc. Prostate Cancer Education & Support
  http://www.ustoo.org
  Toll-Free Hotline: 1-800-808-7866