The purpose of this guide is to help you find information and support on chemotherapy. This guide provides links and references to reliable and current information sources for patients, families, and caregivers.

Many of these materials are available to purchase through online resources, or to borrow at your public library.

**Brochures and Fact Sheets**

- CancerCare. **Understanding and Managing Chemotherapy Side Effects.** Available online at: https://www.cancercare.org/publications/24-understanding_and_managing_chemotherapy_side_effects

- Leukemia & Lymphoma Society. **Understanding Side Effects of Drug Therapy.** Available online at: https://www.lls.org/leukemia/acute-myeloid-leukemia/treatment/side-effects

- National Cancer Institute. **Chemotherapy and You: Support for People with Cancer.** Available online at: https://www.cancer.gov/publications/patient-education/chemo-and-you

- National Cancer Institute. **Chemotherapy Side Effects Fact Sheets.** Available online at: https://www.cancer.gov/cancertopics/coping/physicaleffects/chemo-side-effects

**Books**


- Brown, Roxanne. **Chemo: Secrets to Thriving.** Bedford, IN: NorLights Press, 2011.


**Audiovisual Resources**


This is a two-program set with one video addressing cancer patients and one video designed especially for family members. 32 minutes.

• Patient Education Institute. *Chemotherapy Interactive Tutorial* at Medlineplus.gov
  o Access at: [https://www.medlineplus.gov](https://www.medlineplus.gov)
  o Click on: “Videos & Cool Tools”
  o Click on: “Interactive Tutorials”
  o Select “Chemotherapy” from under “Surgery and Treatment Procedures”

This slide show utilizes illustrations, sound, and animations to provide basic, easy-to-understand explanations of chemotherapy and its more common side effects. It is possible to turn on a voice over or print a text version.

**Web Resources**

• **Chemocare.com**
  Comprehensive information on chemotherapy including managing side-effects, coping strategies, and complementary therapies. The site is presented by Scott Hamilton, and the content is provided by the Cleveland Clinic.

• **Chemotherapy pages** from the American Cancer Society
  [https://www.cancer.org](https://www.cancer.org)
  o Click on “Find Support & Treatment”
  o Click on “Treatments and Side Effects”

Links to several pages on the topic including treatment types, a guide to cancer drugs, and physical and emotional side effects of treatment.
• MedlinePlus – Drugs, Supplements, and Herbal Information.
  https://www.medlineplus.gov
  o Click on “Drugs and Supplements”
Drug information monographs for prescription and over-the-counter medication information is from MedMaster, a product of the American Society of Health-System Pharmacists (ASHP).

• U.S. Food and Drug Administration
  https://www.fda.gov/Drugs
Drug information and education about buying and using medicines safely, new drug approvals and tips for parents and seniors.

University of Michigan Resources
• What to Expect: A Guide to Chemotherapy
  o https://www.mcancer.org/cancers-and-treatments
  o Click on “Chemotherapy”
  o In the left sidebar, click “What to Expect”
A guide to chemotherapy at the University of Michigan Comprehensive Cancer Center. It includes advice on preparing for treatment and dealing with practical, social, and medical aspects of chemotherapy treatment.

  For Patients taking Oral Chemotherapy Drugs

  Brochures
• Cure. A Patient’s Guide to Medication Adherence. Available online at:

  Web Resources
• Oral Chemotherapy page from the American Cancer Society
  o https://www.cancer.org
  o Click on “Find Support & Treatment”
  o Click on “Treatments and Side Effects”
  o Click on “See All Treatment Types”
  o Click on “Chemotherapy”
  o Click on “Oral Chemotherapy: What You Need To Know”