The purpose of this guide is to help you find information and support on head and neck cancer. This guide provides links and references to reliable and current information sources for patients, families, and caregivers.

Many of these materials are available to purchase through online resources, or to borrow at your public library.

**Brochures and Fact Sheets**

- CancerCare. **Oral and Head and Neck Cancer: Treatment Update**

- National Cancer Institute. **Laryngeal Cancer – Patient Version (PDQ)**.

- National Cancer Institute. **Lip and Oral Cancer – Patient Version (PDQ)**

- National Oral Health Information Clearinghouse. **Head and Neck Radiation Treatment and Your Mouth**.

**Book**

- Best, Judy. **Down Easy: A Cookbook for Those With Swallowing Difficulties**.


Web Resources

  http://cancer.org
  - Click “Learn About Cancer”
  - Select the above cancers from the drop-down list
  - Click “Go”

- Cancer.Net – Section on Head and Neck Cancer
  http://cancer.net/cancer-types/head-and-neck-cancer
  This site is put out by the American Society of Clinical Oncology (ASCO) and covers such topics as treatment options, coping, and the latest research.

- National Cancer Institute – Section on Head and Neck Cancer
  http://cancer.gov/cancerinfo/types/head-and-neck
  Access to PDQ statements of different types of head and neck cancers from the National Cancer Institute.

- Oral Cancer Foundation
  http://oralcancer.org
  Information on oral cancer treatment, coping, and living with this disease. The site also features survivors’ stories and a patient support forum.

University of Michigan Resources

- University of Michigan Rogel Cancer Center Head and Neck Oncology Program
  http://mcancer.org/head-and-neck-cancer
  This program provides comprehensive treatment and rehabilitation for patients afflicted with cancer arising in the head and neck.

Organizations

- Support for People with Oral and Head and Neck Cancer – S.P.O.N.C.
  https://spohnc.org
  P.O. Box 53
  Locust Valley, NY 11560-0053
  Phone: (516) 759-5333
  Fax: (516) 671-8794
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Document #0028/ Compiled by Amy Hyde, MILS, Patient Education Resource Center Librarian

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