The purpose of this guide is to help you find information and support on head and neck cancer. This guide provides links and references to reliable and current information sources for patients, families, and caregivers.

Many of the materials in this guide can be found at the Patient Education Resource Center (PERC) in the University of Michigan Comprehensive Cancer Center, Level B2.

**Brochures and Fact Sheets**

- **CancerCare.** Oral and Head and Neck Cancer: Treatment Update  

- **National Cancer Institute.** What You Need to Know about Cancer of the Larynx.  
  Printable version available at:  

- **National Cancer Institute.** What You Need to Know about Oral Cancer.  
  Printable version available at:  

- **National Oral Health Information Clearinghouse.** Head and Neck Radiation Treatment and Your Mouth.  
  Printable version available at:  
  [http://goo.gl/sq3Asr](http://goo.gl/sq3Asr)

**Books**


**Web Resources**

  [http://cancer.org](http://cancer.org)  
  - Click “Learn About Cancer”  
  - Select the above cancers from the drop-down list  
  - Click “Go”

- Cancer.Net – Section on Head and Neck Cancer  
  This site is put out by the American Society of Clinical Oncology (ASCO) and covers such topics as treatment options, coping, and the latest research.

- National Cancer Institute – Section on Head and Neck Cancer  
  Access to PDQ statements of different types of head and neck cancers from the National Cancer Institute.

- Oral Cancer Foundation  
  [http://oralcancer.org](http://oralcancer.org)  
  Information on oral cancer treatment, coping, and living with this disease. The site also features survivors’ stories and a patient support forum.

**University of Michigan Resources**

- University of Michigan Comprehensive Cancer Center Head and Neck Oncology Program  
  This program provides comprehensive treatment and rehabilitation for patients afflicted with cancer arising in the head and neck.

**Organizations**

- Support for People with Oral and Head and Neck Cancer – S.P.O.N.C.  
  [https://spohnc.org](https://spohnc.org)  
  P.O. Box 53  
  Locust Valley, NY 11560-0053  
  Phone: (516) 759-5333  
  Fax: (516) 671-8794