The purpose of this guide is to help you find information and support on myelodysplastic syndromes. This guide provides links and references to reliable and current information sources for patients, families, and caregivers.

Many of the materials in this guide can be found at the Patient Education Resource Center (PERC) in the University of Michigan Comprehensive Cancer Center, Level B2.

**Brochures and Fact Sheets**

- Aplastic Anemia & MDS International Foundation
  - What is MDS?
    

- The Leukemia & Lymphoma Society
  - Myelodysplastic Syndromes (MDS)
  - The MDS Guide – Information for Patients and Caregivers
    
    Printable version available at: [http://goo.gl/51wVXk](http://goo.gl/51wVXk)

**Books**


**Web Resources**

- American Cancer Society: All About Myelodysplastic Syndrome [http://cancer.org](http://cancer.org)
  - Click “Learn About Cancer”
  - Select “Myelodysplastic Syndrome” from the drop-down menu under “Select a Cancer Type”
  - Click “Go”

- Aplastic Anemia & MDS International Foundation, Inc. [http://aamds.org/aplastic](http://aamds.org/aplastic)
  
  This site provides information on diagnosis, types, treatment, and clinical trials of myelodysplastic syndromes.
• Cancer.Net: Section on Myelodysplastic Syndromes – MDS (provided by the American Society for Clinical Oncology)
  http://cancer.net
  → Click “Types of Cancer”
  → Click “M-Q”
  → Select “Myelodysplastic Syndromes”

• MDS Foundation (Myelodysplastic Syndromes Foundation)
  http://mds-foundation.org
  This site includes educational resources as well as recent news and events.

• National Cancer Institute
  http://cancer.gov
  → Click “M” under “Find a Cancer Type”
  → Click “Myelodysplastic Syndromes”
  This site provides general information about Myelodysplastic Syndromes, including treatment options.

University of Michigan Resources

• University of Michigan Comprehensive Cancer Center Information on Myelodysplastic Syndromes
  http://mcancer.org
  → Click “Cancers and Treatments”
  → Select “Myelodysplastic Syndromes” from the list.
  A short overview of the condition and information about the hematology/oncology team at the University of Michigan Comprehensive Cancer Center.

Organizations

• Aplastic Anemia & MDS International Foundation, Inc.
  http://aplastic.org
  Phone: 1-800-747-2820
  410-867-0242

• Leukemia & Lymphoma Society – Michigan Chapter
  http://leukemia-lymphoma.org
  Phone: 1-800-456-5413
• MDS Foundation
  http://mds-foundation.org
  Phone: 1-800-MDS-0839
  Email: liaison@mds-foundation.org