

The purpose of this guide is to help you find information and support on non-hodgkin lymphoma. This guide provides links and references to reliable and current information sources for patients, families, and caregivers.

Many of these materials are available to purchase through online resources, or to borrow at your public library.

## Brochures and Fact Sheets

- Lymphoma Research Foundation. **Understanding Non-Hodgkin Lymphoma: A Guide for Patients.** Call the Lymphoma Research Foundation at (800) 500-9976 for your free copy.
- The Leukemia & Lymphoma Society. **Non-Hodgkin Lymphoma.** Printable version available at:  
[http://www.lls.org/sites/default/files/file\\_assets/PS58\\_NHL\\_FINAL\\_with\\_insert.pdf](http://www.lls.org/sites/default/files/file_assets/PS58_NHL_FINAL_with_insert.pdf)
- National Cancer Institute. **What You Need to Know About Non-Hodgkin Lymphoma.** Printable version available at:  
<http://cancer.gov/publications/patient-education/wyntk-non-hodgkin-lymphoma>

## Books

- Adler, Elisabeth, M. **Living with Lymphoma.** Baltimore, MD: Johns Hopkins University Press, 2016, 2<sup>nd</sup> ed.
- Bardia, Aditya and Seifter, Eric. **Johns Hopkins Patients' Guide to Lymphoma.** Sudbury, MA: Jones and Bartlett Publishers, 2011.
- Holman, Peter. **100 Questions & Answers about Lymphoma.** Sudbury, MA: Jones and Bartlett Publishers, 2016, 3<sup>rd</sup> ed.

## Web Resources

- **American Cancer Society: Non-Hodgkin Lymphoma**  
<http://cancer.org>
  - Click *"Learn About Cancer"*
  - Select *"Lymphoma - Non-Hodgkin"* from the list under *"Select a Cancer Type"*
  - Click *"Go"*

- **American Society of Hematology Information on Lymphoma**  
<http://hematology.org/Patients/Cancers/Lymphoma.aspx>  
This society has resources for patients to help education of the public about the importance of healthy blood and to raise the awareness of common blood diseases.
- **Cancer.Net: Lymphoma – Non-Hodgkin** (provided by the American Society for Clinical Oncology)  
<https://www.cancer.net/cancer-types/lymphoma-non-hodgkin/view-all>  
The American Society of Clinical Oncology provides an overview of non-hodgkin lymphoma, and information about coping and cancer survivorship.
- **Leukemia & Lymphoma Society**  
<http://lls.org>  
Information on blood-related cancers, news, and support services for patients.
- **Lymphoma Research Foundation of America**  
<http://lymphoma.org>  
Patient education and information including access to printable versions of publications, a clinical trials help-line, and information about events and advocacy.
- **National Cancer Institute: Non-Hodgkin Lymphoma**  
<http://cancer.gov/cancertopics/types/lymphoma>  
The National Cancer Institute provides a summary of current treatment for non-hodgkin's lymphoma and other relevant information.

### University of Michigan Resources

- **University of Michigan Rogel Cancer Center Information about Lymphomas and the Multidisciplinary Lymphoma Clinic**  
<http://mcancer.org/lymphoma/about-lymphomas>  
The Multidisciplinary Lymphoma Clinic provides diagnosis and treatment for those with newly diagnosed or recurrent lymphomas in a team setting.

### Email Groups (Listserves)

- NHL-L is an **email discussion group for non-hodgkin's lymphoma patients and families**, hosted by the Association of Cancer Online Resource (<http://acor.org>). To subscribe, go to:  
<http://listserv.acor.org/archives/nhl.html>

## Organizations

- **Leukemia & Lymphoma Society – Michigan Chapter**  
<http://lls.org>  
Phone: (248) 581-3900
- **Lymphoma Coalition**  
<http://lymphomacoalition.org>  
The Lymphoma Coalition (LC) is a global network of worldwide non-profit lymphoma patient organizations with a vision to free the world of lymphomas.
- **Lymphoma Information Network**  
<http://www.lymphomainfo.net/index.html>  
The Lymphoma Information Network strives to do two things: Put a bit of humanity and understanding to this disease, and to gather lymphoma information and resources into one central place.
- **The Lymphoma Research Foundation of America**  
<http://lymphoma.org>  
The Lymphoma Research Foundation is the nation's largest non-profit organization devoted exclusively to funding innovative lymphoma research and providing people and healthcare professionals with up-to-date information about this type of cancer.  
Helpline: (800) 500-9976
- **Patients Against Lymphoma**  
<http://lymphomation.org>  
The Patients Against Lymphoma website provides a helping hand from patient to patient by sharing evidence-based information and voicing patient perspectives in the fight against lymphomas.

Disclaimer: This document contains information and/or instructional materials developed by Michigan Medicine for the typical patient with your condition. It may include links to online content that was not created by Michigan Medicine and for which Michigan Medicine does not assume responsibility. It does not replace medical advice from your health care provider because your experience may differ from that of the typical patient. Talk to your health care provider if you have any questions about this document, your condition or your treatment plan.

Document #0038/ Compiled by Amy Hyde, MILS, Patient Education Resource Center Librarian

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