The purpose of this guide is to help you find information and support on pancreatic cancer. This guide provides links and references to reliable and current information sources for patients, families, and caregivers.

Many of these materials are available to purchase through online resources, or to borrow at your public library.

**Brochures and Fact Sheets**


- Pancreatic Cancer Action Network. *An Overview of Pancreatic Cancer and Diet and Nutrition Concerns with Pancreatic Cancer*. Request printable versions by phone (877)573-9971 or at: [https://www.pancan.org/](https://www.pancan.org/)

**Books**


**Audiovisual Resources**

- Pancreatic Cancer Video Tutorial
  A slide show with voice-over and illustrations provided by the Pancreatic Cancer Action Network site. Available at: [http://theartcreator.com/cancer](http://theartcreator.com/cancer)

**Web Resources**

- American Cancer Society: Pancreatic Cancer
ASCO: Pancreatic Cancer (provided by the American Society for Clinical Oncology) [https://www.cancer.net/cancer-types/pancreatic-cancer/view-all](https://www.cancer.net/cancer-types/pancreatic-cancer/view-all)
The American Society of Clinical Oncology provides an overview of Pancreatic Cancer and information about coping and cancer survivorship.

Hirshberg Foundation for Pancreatic Cancer Research [http://pancreatic.org](http://pancreatic.org)
This site focuses mainly on research and medical advances related to pancreatic cancer.

Lustgarten Foundation [http://lustgarten.org](http://lustgarten.org)
Click “Patient Resources” to find Questions & Answers, information on support services, and a clinical trials database.

This site gives an overview of pancreatic cancer as well as more in-depth information on treatment, nutrition, financial issues, clinical trials, and research.

The National Cancer Institute provides a summary of current treatment for pancreatic cancer and other relevant information.

National Pancreas Foundation [http://pancreasfoundation.org](http://pancreasfoundation.org)
This site contains information on pancreatic cancer and other pancreas-related illnesses. The site also has a database of pancreas-friendly recipes and information on living a healthy life.

Pancreatic Cancer Action Network (PanCan) [http://pancan.org](http://pancan.org)
News on advocacy and research, a printable version of the organization’s newsletter, and a cookbook for people with pancreatic cancer are available on this site.

Pancreatic Cancer Alliance [http://pancreaticalliance.org](http://pancreaticalliance.org)
This organization works to support the efforts of the medical and research communities, as well as patients and their loved ones in the battle against pancreatic cancer.
University of Michigan Resources

- University of Michigan Pancreatic Cancer Center
  The Pancreatic Cancer Center assembles a team of physicians, oncologic surgeons, pathologists, radiologists, clinical investigators, and basic science researchers, to help patients combat their cancer.

Email Groups (Listservs)

- PANCREAS-ONC is an email discussion group for pancreatic cancer patients and their families, hosted by the Association of Cancer Online Resources (ACOR, [http://acor.org](http://acor.org)).

Organizations

- Lustgarten Foundation for Pancreatic Cancer Research
  [http://lustgarten.org](http://lustgarten.org)
  1-866-789-1000

- Pancreatic Cancer Action Network
  [http://pancan.org](http://pancan.org)
  1-877-435-8650