The purpose of this guide is to help you find information and support on pancreatic cancer. This guide provides links and references to reliable and current information sources for patients, families, and caregivers.

Many of the materials in this guide can be found at the Patient Education Resource Center (PERC) in the University of Michigan Comprehensive Cancer Center, Level B2.

**Brochures and Fact Sheets**

- Pancreatic Cancer Action Network. *An Overview of Pancreatic Cancer*.
- Pancreatic Cancer Action Network. *Diet and Nutrition Concerns with Pancreatic Cancer*.

**Books**


**Audiovisual Resources**

- Pancreatic Cancer Video Tutorial
  A slide show with voice-over and illustrations provided by the Pancreatic Cancer Action Network site. Available at: [http://theartcreator.com/cancer](http://theartcreator.com/cancer)

**Web Resources**

- American Cancer Society: Pancreatic Cancer
• **Cancer.Net: Pancreatic Cancer** (provided by the American Society for Clinical Oncology)
  
  o Click the Menu button and select “Types of Cancer”
  
  o Select “Pancreatic Cancer” from the “Common Cancers” tab.

  The American Society of Clinical Oncology provides an overview of Pancreatic Cancer and information about coping and cancer survivorship.

• **Hirshberg Foundation for Pancreatic Cancer Research**
  
  [http://pancreatic.org](http://pancreatic.org)
  
  This site focuses mainly on research and medical advances related to pancreatic cancer.

• **Lustgarten Foundation**
  
  [http://lustgarten.org](http://lustgarten.org)
  
  Click “Patient Resources” to find Questions & Answers, information on support services, and a clinical trials database.

• **MedlinePlus**
  
  
  This site gives an overview of pancreatic cancer as well as more in-depth information on treatment, nutrition, financial issues, clinical trials, and research.

• **National Cancer Institute: Pancreatic Cancer**
  
  
  The National Cancer Institute provides a summary of current treatment for pancreatic cancer and other relevant information.

• **National Pancreas Foundation**
  
  [http://pancreasfoundation.org](http://pancreasfoundation.org)
  
  This site contains information on pancreatic cancer and other pancreas-related illnesses. The site also has a database of pancreas-friendly recipes and information on living a healthy life.

• **Pancreatic Cancer Action Network (PanCan)**
  
  [http://pancan.org](http://pancan.org)
  
  News on advocacy and research, a printable version of the organization’s newsletter, and a cookbook for people with pancreatic cancer are available on this site.

• **Pancreatic Cancer Alliance**
  
  [http://pancreaticalliance.org](http://pancreaticalliance.org)
  
  This organization works to support the efforts of the medical and research communities, as well as patients and their loved ones in the battle against pancreatic cancer.
University of Michigan Resources

- University of Michigan Pancreatic Cancer Center
  The Pancreatic Cancer Center assembles a team of physicians, oncologic surgeons, pathologists, radiologists, clinical investigators, and basic science researchers, to help patients combat their cancer.

Email Groups (Listservs)

- PANCREAS-ONC is an email discussion group for pancreatic cancer patients and their families, hosted by the Association of Cancer Online Resources (ACOR, [http://acor.org](http://acor.org)). To join the list, go to: [http://acor.org/listservs/join/106](http://acor.org/listservs/join/106)

Organizations

- Lustgarten Foundation for Pancreatic Cancer Research
  [http://lustgarten.org](http://lustgarten.org)
  1-866-789-1000

- Pancreatic Cancer Action Network
  [http://pancan.org](http://pancan.org)
  1-877-272-6226