The purpose of this guide is to help you find information and support on sarcoma. This guide provides links and references to reliable and current information sources for patients, families, and caregivers.

Many of the materials in this guide can be found at the Patient Education Resource Center (PERC) in the University of Michigan Comprehensive Cancer Center, Level B2.

**Brochures and Fact Sheets**

- **CancerCare**
  - *Treatment Update: Gastrointestinal Stromal Tumors.*
  - Online version available at:
    - [http://goo.gl/dVoA3w](http://goo.gl/dVoA3w)

- **National Comprehensive Cancer Network.**
  - *Soft Tissue Sarcoma: NCCN Guidelines for Patients.*
  - Available online at:

**Books**

- Ronald DeMatteo; George D. Demetri; Marina Symcox. *100 Questions & Answers about Gastrointestinal Stromal Tumors (GIST).* Sudbury, MA: Jones and Bartlett Publishers, 2006.

**Audiovisual Resources**

- **CancerCare Connect Workshops**
  - *Living with Gastrointestinal Stromal Tumors: Treatment Update*
  - *Treatment Update on Soft Tissue Sarcoma*
  - Available online at:
    - [http://cancercare.org/connect_workshops](http://cancercare.org/connect_workshops)
  - Go to “Browse Workshops”
  - Select “Sarcoma” from “By Diagnosis” from the drop-down menu
  - These workshops are available as a downloadable mp3 or viewable online as a webcast.

- **Liddy Shriver Sarcoma Video Series**
  - [http://youtube.com/teamsarcoma](http://youtube.com/teamsarcoma)
  - Series of one-minute videos on sarcoma topics including diagnosis, caregiving, biopsy, treatment essentials, metastases, clinical trials, and survivorship.
What’s New in Sarcoma Care and Treatment, with Dr. Robert Maki
American Society of Clinical Oncology
http://cancer.net/multimedia/videos
  o Select “Treatments, Tests, and Procedures”
  o Click “Sarcoma”

Web Resources

• American Cancer Society
  http://cancer.org
  → Click “Learn About Cancer”
  → Click “Select a Cancer Type” from the drop-down menu
    ▪ Bone Cancer
    ▪ Gastrointestinal Stromal Tumors
    ▪ Sarcoma – Adult Soft Tissue Cancer
  → Click “Go”

• American Society of Clinical Oncology – Sarcoma
  http://cancer.net/patient/cancer+types/sarcoma
  Detailed overview of sarcoma, including statistics, medical illustrations, risk factors, symptoms, diagnosis, staging, and treatment.

• Liddy Shriver Sarcoma Initiative
  http://sarcomahelp.org
  In-depth website on all sarcoma subtypes. Printable patient materials. Detailed guides on over 15 sarcoma subtypes.

• National Cancer Institute
  http://cancer.gov
  Cancer resources, including general information on sarcoma as well as staging, treatment options, statistics, and clinical trials.

• OncoLink Sarcoma Information
  http://oncolink.org
  Detailed information on patients of Ewing’s Sarcoma, Osteosarcoma, Rhabdomyosarcoma, and other soft tissue sarcomas, sarcoma of the bone, and sarcoma of the soft tissue.
  → Click “Cancer Types”
  → Click “S”
  → Click “Sarcomas”
- **Sarcoma Alliance**  
  [http://sarcomaalliance.org](http://sarcomaalliance.org)
  Patient information for sarcoma patients, including general information, treatment guidelines, clinical trials, complementary therapies, and personal tools for dealing with sarcoma.

- **Sarcoma Foundation of America**  
  [http://curesarcoma.org](http://curesarcoma.org)
  Includes materials on general sarcoma information, how sarcoma develops, statistics, and treatment. Also contains information on sarcoma subtypes.

**University of Michigan Resources**

- **The University of Michigan Comprehensive Cancer Center**  
  Multidisciplinary Sarcoma Clinic  
  This clinic offers a collaborative approach in treating soft tissue and bone sarcomas.

**Email Groups (Online Communities)**

- **The Association of Cancer Online Resources** (ACOR) hosts a number of email discussion groups for adult sarcoma patients and families.
  - **SARCOMA** is an email discussion group for sarcoma patients and families.
  - **SARCOMA-MED** is an email discussion group for medical questions about sarcomas.
  - **L-M-SARCOMA** is an email discussion group for leiomyosarcoma patients and families.
  - **L-SARCOMA** is an email discussion group for liposarcoma patients and families.
  - **DESMOID** is an email discussion group for desmoid tumor patients and families.

  Subscribe to these online communities at:  
  [http://acor.org](http://acor.org)

**Organizations**

- **Sarcoma Alliance**  
  [http://sarcomaalliance.org](http://sarcomaalliance.org)  
  (415) 381-7236

- **GIST Support International**  
  [http://gistsupport.org](http://gistsupport.org)  
  (215) 340-9374
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