Speak with your provider about survivorship care. Patients may be referred by their provider or can self-refer. The program is open to sarcoma survivors who:

• Were diagnosed with a bone or soft tissue sarcoma
• Are at least 18 years old
• Have completed active treatment for at least two years
• Were treated with chemotherapy and/or radiation

This program welcomes patients transitioning from pediatric to adult medical care.

LEARN MORE
For more information about the Sarcoma Survivorship Program please call:

(734) 764-2909
(Monday-Friday, 8am – 5pm)

Sarcoma Survivorship Clinic
U-M Comprehensive Cancer Center
1500 East Medical Center Drive,
Floor B1
Ann Arbor, MI 48109

www.mcancer.org/sarcoma-survivorship

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Sarcoma Survivorship Program

Making Survivorship Care Accessible
**SURVIVORSHIP:**
**LAYING A FOUNDATION FOR LONG-TERM CARE**

By 2040 there will be an estimated 26 million cancer survivors and counting in the United States. Accompanying innovation in cancer treatment is the understanding that survivors have a greater risk of chronic conditions, called late-effects, as a consequence of chemotherapy and/or radiation. Late-effects can manifest as early as age 30 or 40 for young adult survivors of cancers including:

- Heart disease
- Type II diabetes
- High blood pressure
- Lipid disorders
- Kidney failure
- Anxiety, depression and other mental health conditions
- Other cancers

The Sarcoma Survivorship Program at the University of Michigan is led by oncologist Dr. Larry Baker. Dr. Baker has been caring for sarcoma patients for over 40 years and understands the complexities that accompany survivorship.

**WORKING WITH YOU:**
**OFFERING ON-SITE OR VIDEO VISIT OPTIONS**

Time and distance can make accessing specialized survivorship care a challenge. We offer two options, a traditional clinic visit or a video visit. Both include laboratory tests, chest imaging, a health questionnaire and consent to retrieve your treatment history prior to your visit.

**WHAT TO EXPECT:**

Dr. Baker will discuss your overall health and well-being with you. He will talk about risk and what it means. He will address any current conditions or concerns you have and your goals for the future. He will talk to you about your test results and any late effects identified so you have a full understanding of how treatment for sarcoma effects your overall health going forward.

The video visit will take place in your home using a web enabled device, such as a tablet or smartphone. The appointment will be face to face in real time. We will work with you and your local provider to coordinate the laboratory tests and imaging before your visit. If opting for a video visit, you must have a local healthcare provider.

**THE SURVIVORSHIP CARE PLAN:**
**UNDERSTANDING YOUR PAST, TAKING CONTROL OF YOUR FUTURE**

The Sarcoma Survivorship Program will work with your healthcare team to create a Survivorship Care Plan tailored to your needs. This care plan will be shared with you and your healthcare team to lay the foundation for your future care.

**THIS PLAN INCLUDES:**

- A surveillance schedule for sarcoma and other cancers.
- A plan for monitoring and management of late-effects.
- A plan to decrease the risk and impact of late effects and achieve your best quality of life.

"I was very grateful as I had no idea that I was at increased risk for heart disease due to my cancer treatment. I am now on Lipitor to reduce my high cholesterol as a preventative measure."

—Nicole Ver Kuilen, sarcoma survivor

For more information
Phone: (734) 764-2909
CancerAnswer: 1-800-865-1125
www.mcancer.org/sarcoma-survivorship