The purpose of this guide is to help you find information and support on cancer survivorship. This guide provides links and references to reliable and current information sources for patients, families, and caregivers.

Many of these materials are available to purchase through online resources, or to borrow at your public library.

There is another guide called “Talking with Children about a Loved One’s Cancer” that focuses on how to talk to children about the subject. Available online at:
http://goo.gl/tJkvGe

Brochures and Fact Sheets

- American Cancer Society
  - How to Be a Friend to Someone with Cancer Booklet. Available online at:
    http://goo.gl/Y7TdSq
  - Listen With Your Heart: Talking With the Person Who Has Cancer Fact Sheet. Available online at:
    http://goo.gl/ohJClR
  - Talking With Friends and Relatives About Your Cancer Fact Sheet Available online at:
    http://goo.gl/F1jg7Q
  - When Someone You Know Has Cancer Fact Sheet Available online at:
    https://www.cancer.org/treatment/understanding-your-diagnosis/talking-about-cancer/when-someone-you-know-has-cancer.html
- Cancer and Careers. When a Coworker Has Cancer: What to Say Available online at:
- CancerCare. What Can I Say to a Newly Diagnosed Loved One? Fact Sheet Available online at:
  http://goo.gl/jNe1Wo
• National Cancer Institute. Taking Time. Support for People with Cancer

Articles


Books


Audiovisual Resources

• Cancer.Net. Talking With Someone Who Has Cancer, with Dr. Lidia Schapira. 4.57 minutes long. American Society of Clinical Oncology. Available online at: http://goo.gl/jNe1Wo

Web Resources

• https://www.cancerandcareers.org/en/at-work/coworkers/what-to-say

• American Cancer Society: Talking About Cancer http://cancer.org/treatment/understandingyourdiagnosis/talkingaboutcancer/index
  Provides tips to help make it easier to talk with others about cancer.

• Cancer.net (American Society of Clinical Oncology): Talking with Family and Friends

This section provides information on talking about cancer with family and friends and information on supporting a friend who has cancer.

- Help for Cancer Caregivers: Talking with Family & Friends
  http://helpforcancercaregivers.org/content/talking-family-friends